

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

# July 2021

(We will be going outside for movement when possible.)

## Every moment is a fresh beginning.

<p>9:30 am – Lutheran Service (Ch. 19) 10:00 am – Catholic Service (Ch. 17) 11:15 am – July 4<sup>th</sup> Tribute</p> 				<p>9:30 am – Stretching with Bands 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  2:00 pm – Prize Bingo</p> <p>Canada Day</p>		
<p>9:30 am – Lutheran Service (Ch. 19) 10:00 am – Catholic Service (Ch. 17) 11:15 am – July 4<sup>th</sup> Tribute</p>	<p>9:30 am – Movement to Music 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  12:00 pm – Movie in Theater</p>	<p><b>SALON DAY</b> 9:30 am – Movement – DICE 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  2:00 pm – Bingo – Anything Goes</p>	<p>9:30 am – Cardio Drumming 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  1:00 pm – Church / Communion 2:00 pm – Prize Bingo</p>	<p>9:30 am – Stretching with Bands 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  12:30 pm - Bingo 2:00 pm – Music with Dan</p>	<p>9:30 am – Movement to Music 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  2:00 pm – Bingo with a Punch</p>	<p>9:30 am – Movement to Music 10:00 am – Devotion 10:15 am – Trivia 10:30 am - Walking</p>
<p>9:30 am – Lutheran Service (Ch. 19) 10:00 am – Catholic Service (Ch. 17)</p>	<p>9:30 am – Movement to Music 10:00 am – Devotion 10:15 am - Trivia 10:30 am – <b>NAILS</b> 10:30 am – Walking  2:00 pm = Traditional Bingo</p>	<p><b>SALON DAY</b> 9:30 am – Movement – DICE 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking 2:00 pm – Bingo – Anything Goes 3:30 pm – Iced Tea and Singalong on patio <b>Lorna T.'s Birthday</b></p>	<p>9:30 am – Cardio Drumming 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  1:00 pm – Church / Communion 2:00 pm – Prize Bingo <b>Marvann B.'s Birthday</b></p>	<p>9:30 am – Stretching with Bands 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  12:30 pm - Bingo 2:00 pm – Music with Kim <b>Jean B.'s Birthday</b></p>	<p>9:30 am – Movement to Music 10:00 am – Devotion 10:15 am – Trivia 10:30 am – Walking  2:00 pm – Bingo with a Punch</p>	<p>9:30 am – Movement to Music 10:00 am – Devotion 10:00 am – Therapy Dog Visit 10:15 am – Trivia 10:30 am - Walking</p>
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